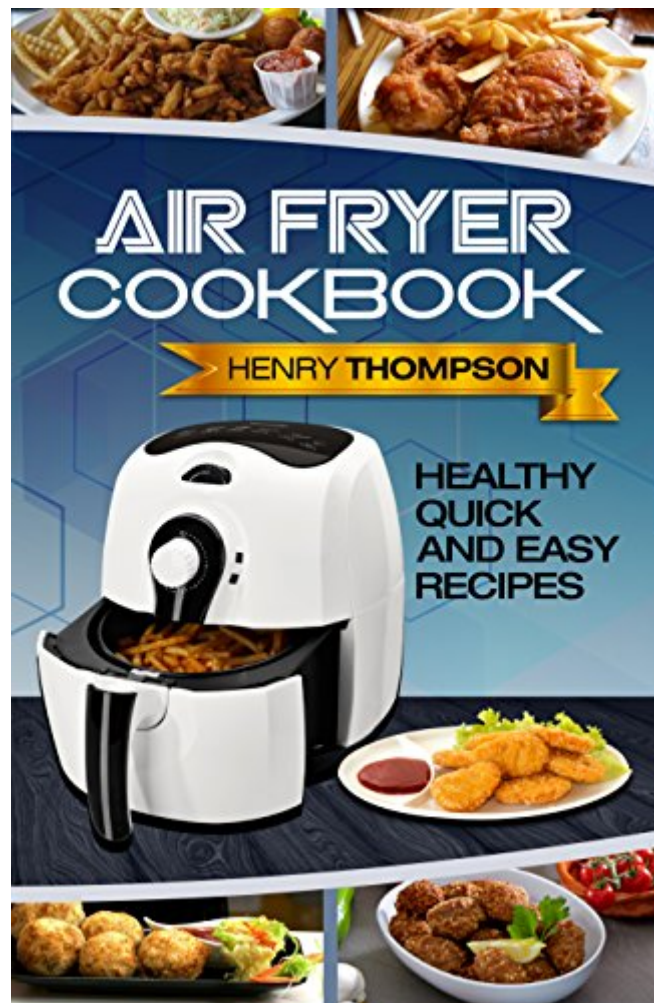


The book was found

# **Air Fryer: Super Quick, Easy, Healthy And Very Delicious Recipes For Your Air Fryer For Your Whole Family (Vegan, Vegetarian, Chicken, Pork, Seafood, Breakfast, Lunch, Dinner Appetisers And More)**





## Synopsis

Quick, Easy and Healthy Recipes for your Air Fryer... Want to loose weight but confused what to cook? Are you looking to spend less time cooking? The Air Fryer is as the new generation of cooking utensil. It can be used to cook literally hundreds of different foods from the simple snack of French fries right on through to more complex meals such as dumplings or beef stew. Bored of spending hours cooking every week? This book is for you. This guide will teach you to cook HEALTHY, EASY meals with 0 HASSLE. It has the same great taste of your favourite fried treats, but takes a third of the time and more healthy! This cookbook includes all of your favourite types of dishes: Chicken, Pork, Beef, Vegan, Vegetarian, Low-carb, Breakfast, Lunch, Dinner, And Many more, Scroll to the top and buy with 1 click now Whether you're looking to loose weight, lead a healthier life or just cut down your time cooking Air Fryer: Super Quick, Easy, Healthy and Very Delicious Recipes for your Air Fryer For Your Whole Family is the book for you. Every recipe can be made with an Air Fryer! What you'll learn when reading: The benefits of using Air Fryers How The Air Fryer Works How to get the best results The best recipes for all of the family Why wait to start living your healthier life? Scroll up to buy your copy today.

## Book Information

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## Customer Reviews

Good selections that differ somewhat from the other air fryer books I have seen. Some good tips, as well. Will definitely try some of the recipes!

Not very helpful. Recipes are ones any decent cook could figure out on their own.

It is just ok,

Wonderful.

good stuff

very helpful

I did like many of the recipes but had to convert some of ingredients from grams and kilograms to cups and teaspoons, pounds and such.... not an easy task. I was funny that some of the recipes used BOTH grams and cups for measuring the ingredients.

Very good cook book. I've used several recipes and they were very good

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